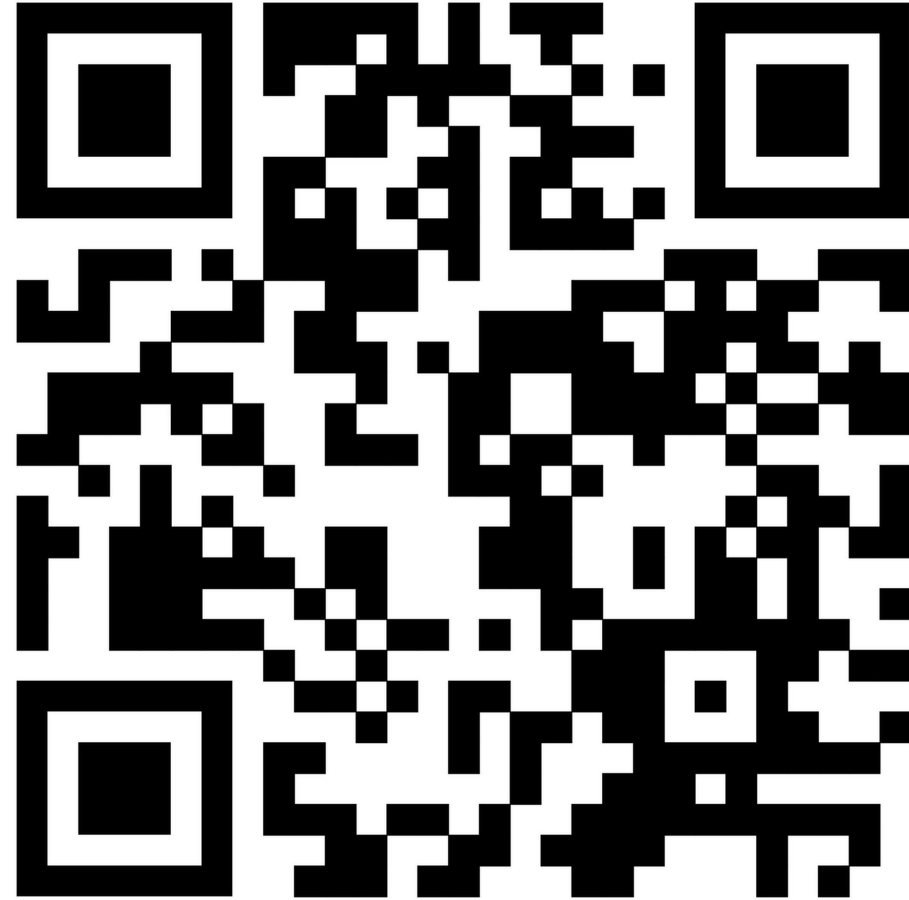


Sec 1 Outdoor Adventure Learning Camp

Parent Engagement Session
26 August 2025 (Tuesday)

Attendance Taking



<https://go.gov.sg/sec1campbriefing2025>

Agenda

- Opening address by School Leader
- Purpose of camp by LH/PE & CCA,
Mr Tan Tong Leng
- Information on Changi Coast
campsite
- Activities during the camp
- Safety and other matters
- Q and A

A vertical green gradient bar on the left side of the slide, transitioning from a lighter green at the top to a darker green at the bottom.

Opening Address by School Leader

Why have
an outdoor
camp?

Developing Rugged and Resilient Youths Through Outdoor Education

Published Date: 08 April 2016 12:00 AM | [News, Press Releases](#)

1. The Ministry of Education (MOE) will strengthen the holistic development of our students by providing them with more opportunities to benefit from Outdoor Education (OE). This includes having a whole new five-day expedition-based camp for all Secondary 3 students from 2020 onwards.

National Outdoor Education Master Plan

Providing Holistic Education

- MOE aims to have every child experience a holistic education so as to **develop well-rounded individuals**.
- Outdoor Education (OE) provides **rich learning experiences** outside the classroom that can help our students develop **resilience and ruggedness**.
- **Authentic learning experiences** help our students **develop 21st century competencies** as well as competencies for **sustainable active and healthy living**.



Outdoor Adventure Learning Experiences for ALL




Lower Primary	Upper Primary	Lower Secondary	Upper Secondary
Outdoor Education in Physical Education Curriculum Outdoor skills Outdoor safety Sense of Place			
Programme for Active Learning (PAL)			
Cohort Camp Objectives <ul style="list-style-type: none">• Build confidence and resilience• Value diversity through close-knit interaction opportunities• Forge camaraderie through common challenging experiences• Develop a sense of place• Lay the foundation for active and healthy living			



8 Apr 2016

“As part of the National Outdoor Adventure Education Masterplan, all students will get to participate in three cohort camps during their school years, Acting Education Minister (Schools) Ng Chee Meng said in Parliament on Friday”.



OE experience cannot be replicated in the classrooms

Develop students holistically by:

- Building their confidence and resilience
- Enabling them to appreciate diversity in the team (working with others)
- Forging camaraderie with others through common experiences
- Cultivating responsible citizenry and affinity for Singapore
- Laying a foundation for active and healthy life



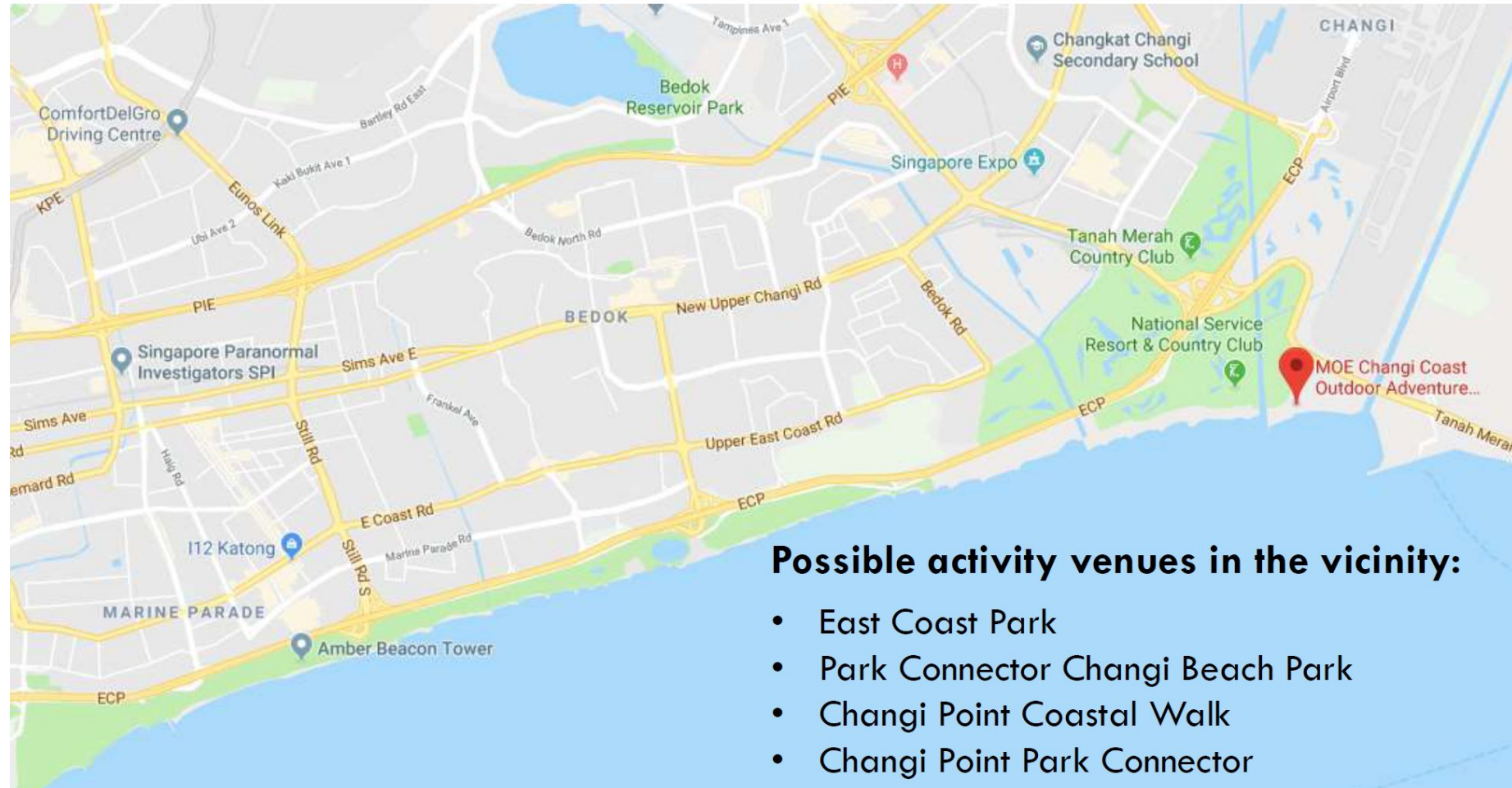
Camp Details:

- Residential Camp
- Date: 27 Oct to 30 Oct 2025
Term 4 Week 7
- Venue: Changi Coast Outdoor Adventure Learning Centre (CCOALC)
- Reporting Venue: OPSS
- Reporting Time: 715 am
- Reporting Attire: PE attire

Where is
the
campsite?

Changi Coast OALC

9 Changi Coast Walk S499741



Possible activity venues in the vicinity:

- East Coast Park
- Park Connector Changi Beach Park
- Changi Point Coastal Walk
- Changi Point Park Connector

Centre Layout



What are the Camp objectives?

Through the Camp, your child will be able to:

Develop self-confidence and self-reliance through exploration of ways to respond to challenges

Develop Emerging 21st Century

Competencies (E21CC) and core school values

Understand the importance of caring for the environment

Who are
the people
in charge of
the camp?

- Mr Paul Tan – HOD PE/CCA
- Mr Tan Tong Leng – Level Head PE/CCA
- Mr Ng Tzee Bin – Camp Commandant
- Ms Mardiana – AYH Sec 1
- CMs of Sec 1
- School Counsellor

Who are the facilitators?

MOE OUTDOOR ADVENTURE EDUCATORS (OAEs)

- Full-time Outdoor Teachers
- Stringent selection criteria and process
- Equipped with:

Facilitation skills

Environmental skills

Organisational skills

Safety skills

Technical skills

Instructional skills



How are
the lessons
taught
during the
camp?

Key Pedagogical Approaches

For OAL Cohort camps



Ministry of Education
SINGAPORE

What activities will my child be doing?

- Prelude to MOE – Outward Bound School (OBS) Challenge programme in Sec 3
- Activities designed to bring schools out of their comfort zones

What
activities
will my
child be
doing?

Initiation Activities



Ice-breakers
& Energisers



Full Value
Contract



Goal Setting

What
activities
will my
child be
doing?



Communicative & Collaborative Games



Team Building Activities

What
activities
will my
child be
doing?

Journey



- Preparation before embarking on journey
- Activities along the journey
- Enjoy the place and build relationship

COASTAL EXPLORATION

COMMON ANIMALS FOUND NEAR CCOALC



What
activities
will my
child be
doing?

Smooth-coated
otters



Weaver Ant



Hermit crab



Collared
kingfisher



Needlefish



Brahminy
kite



Malayan monitor
lizard



What
activities
will my
child be
doing?



Rock
Climbing



Abseil



Tower Circuit



Zip-line

Height Activities

Kayaking

What activities will my child be doing?



Sit-on-top kayaks



What
activities
will my
child be
doing?

Kayaking

- Dry practice
- In Pairs
- Paddle within bay
- Safety boat
- Additional Instructors in water



What
activities
will my
child be
doing?

Outdoor Living Skills



Ministry of Education
SINGAPORE

Shelter
Building



Navigation



Sandwich Making (pri)/
Outdoor Cooking (sec)

What
activities
will my
child be
doing?

Place-based activities

- Have a better sense of place
- Explore and observe the habitats and environment at Changi
- Appreciate the relationship between self and the environment



- Understand the affordances of flora and fauna in and around the CCOALC
- Heighten awareness & appreciation of the habitats and environment around us

What
activities
will my
child be
doing?

Night Activities



Night Consolidation

Are the
activities
safe?

Generally,
Yes.

Inherently, there are risks involved in the conduct of these activities. MOE has conducted risk assessment for these activities and put in place appropriate measures to manage these risks to a suitable level for our students.

We would like to assure you that the safety of our students is of the highest priority. The school will work with OAEs to ensure all necessary precautions to ensure the safety of our students will be taken.

Where applicable, students will have the autonomy to participate at the level of challenge that they are comfortable with. (Challenge by Choice)

Are the
activities
safe?

Generally,
Yes.

**NOTE: List shown is not
exhaustive**

Examples of Risks identified

- Drowning (kayaking)
- Fall from height (Height activities)
- Dehydration leading to heat injuries
- Sunburn
- Stings and allergic reaction
- Blisters, Muscle aches, soft tissue injuries
- Injuries caused by mishandling of equipment (e.g. when lifting kayaks)

What is
done to
manage
the risks
involved?

**NOTE: List shown is not
exhaustive**

Risk Management Measures

Kayaking

- 1 instructor : 10 students
- Powerboat on standby
- Beachmaster for launching
- Wearing of Personal Floatation Device
- Pairing of swimmers with non-swimmers
- Water-confidence test before launching

What is
done to
manage
the risks
involved?

**NOTE: List shown is not
exhaustive**

Risk Management Measures

Height Based Activities

- Competent, qualified instructors with relevant certification
- Pre-activity checks on all equipment and facilities
- Safety briefing and ensuring correct techniques and command calls
- Ensure correct wearing of harnesses
- Challenge by Choice

What is
done to
manage
the risks
involved?

**NOTE: List shown is not
exhaustive**

Risk Management Measures

Journey / Expedition

- 1 instructor + 1 teacher to a group of max 20 students
- Pre-activity recce of route
- Pre activity brief on safety and conduct in public.
- Adjusting route and pace to suit participants' ability.
- First aider, First aid kit
- Adequate Hydration
- Sun Protection

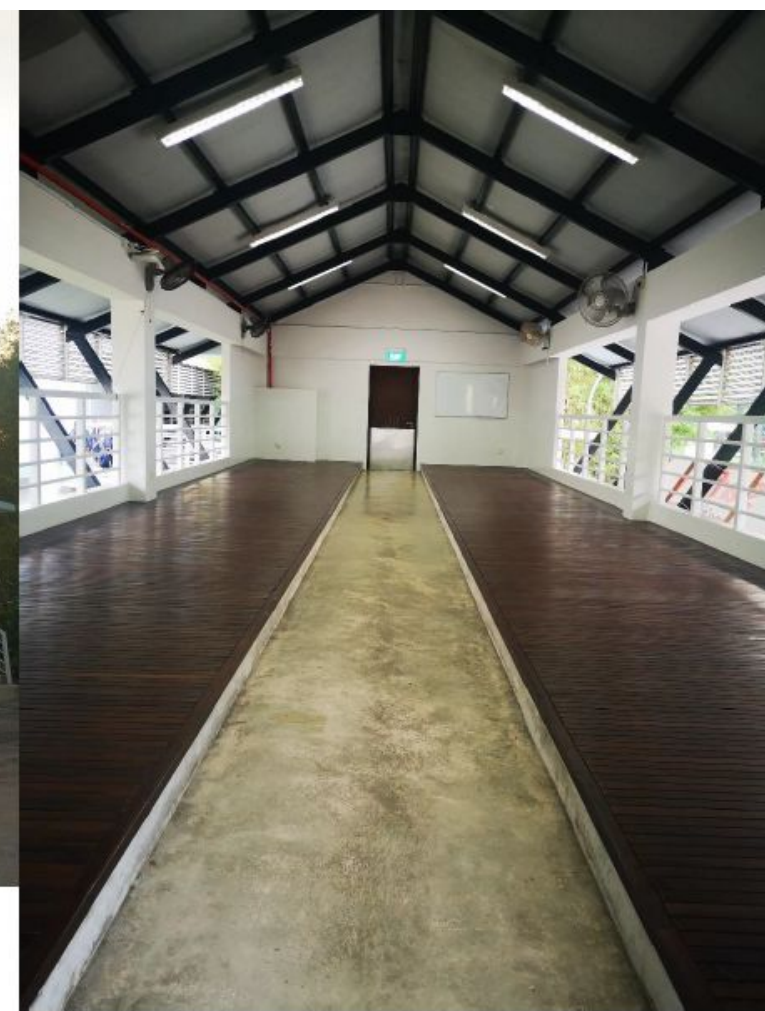
What is
done to
manage
the risks
involved?

Other General Risk Control Measures

- Sick Bay within Changi Coast OALC
- Nearest Medical Centre (Approx 5.2 km away)
Raffles Medical: 1 Changi Business Park
- Nearest Hospital
Changi General Hospital (Approx 5.4 km)
KK Hospital (Approx 15 km)

**NOTE: List shown is not
exhaustive**

Where will
my child
be
sleeping?



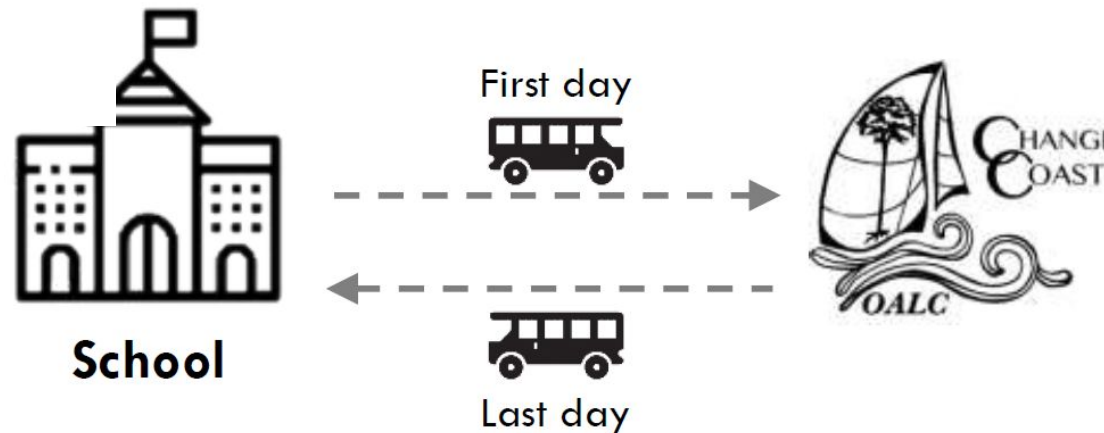
Dormitories/ Tents

- Male and Female students will be in SEPARATE dormitories

How much
do I have to
pay for the
camp?

Cost of the camp – **Fully
Subsidised by MOE**

Transportation



Catering



Breakfast



Lunch / Dinner

What does my child need to bring for the camp?

- Packing list will be given in due course once grouping list is confirmed.
- Personal Medication – Panadol, Inhaler, etc.
- School will bring in a vendor to sell outdoor equipment. Purchasing from the vendor is optional

What do I
need to do
next?

Consent and Declaration

- Kindly respond to consent form to be published in PG
- Do ensure accuracy of:
 - Medical declaration (Including Allergies)
 - Dietary requirements
 - NOK contact details



Thank You

Questions

?

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Answers

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